

# BEDFORD, NH



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Bedford is a historic New England residential town in Hillsborough County. It is an upscale suburban town with enterprising residents involved in business, sports, the arts and NH's vibrant political scene. The town is passionate about educating its children with one of the top school systems in the state. Convenient to major highways and only 50 miles to Boston, it has a direct link to the Manchester airport. There are a number of parks and natural areas providing year-round recreational opportunities.

The town was first settled in 1733 as Narragansett, No. 5 for soldiers who fought the Narragansett Indians in Rhode Island. It was incorporated as Bedford in 1750, named for Lord Russell, the Fourth Duke of Bedford. A monument dated 1737 stands on what is now known as Hawthorne Drive, marking the first settlement in Bedford.

Beginning as an agricultural community, Bedford has grown rapidly over the last fifty years. The 2018 population of 18,696 was over eight times the population in 1950 of 2,176. Every decade has had a substantial rate of growth, ranging from 33 percent between 1980-1990 to a 67 percent increase between 1950-60. Today Bedford has approximately 22,000 residents, making it the 12th largest city/town in NH.

Most of the properties in Bedford are single family residences. Industry in town is provided by a robust retail sector, including Whole Foods, Trader Joes, Lowe's and Target, many medical offices and facilities, and high tech and business offices.

Lying fully within the Merrimack River watershed, the river forms the town's eastern border. The highest point in Bedford is Holbrook Hill, at 845 feet. Known as one of the town's natural treasures is the town-owned 338-Acre Pulpit Rock Conservation Area, with walking paths among rocky outcroppings, glacial erratics and small waterfalls.

Bedford's homeowners and residents love their community! Excellent schools, preservation of town history and traditions, and strong community spirit make Bedford a special place to live. Come find out why Bedford could be the perfect community for you!

**This guide is meant to be an overview of providers in town.**

**If you hear of other services being provided, please let me know and I'll add them to the guide. Thanks!**

## MARIANNA VIS

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SCAN TO CONTACT MARIANNA



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## **Departments & Services in Bedford**

**Town Offices:** 24 North Amherst Rd • (603) 472-5242 • [www.bedfordnh.org](http://www.bedfordnh.org)

**Police Dept:** Full time 24 hour coverage • 55 Constitution Dr • 472-5113 (non-emergency)  
• [www.bedfordnh.org/659/Police-Department](http://www.bedfordnh.org/659/Police-Department)

**Fire Dept:** Full time 24 hour coverage • 4 Meetinghouse Hill Rd • 472-3219 (non-emergency)  
• [www.bedfordnh.org/657/Fire-Department](http://www.bedfordnh.org/657/Fire-Department)

**Transfer Station:** Bedford Recycles! Going to the dump is a social event! Meet your neighbors & friends at the Swap Shop. Local private companies also contract for trash pick-up.  
• 77 Chubbuck Rd • 472-4563 • [www.bedfordnh.org/273/Transfer-Station](http://www.bedfordnh.org/273/Transfer-Station)

**Bedford Public Library:** 3 Meetinghouse Rd • 472-2300 • [www.bedfordnhlibrary.org](http://www.bedfordnhlibrary.org)

**US Post Office:** 25 S River Rd Ste 110 • 627-0517 • <https://tools.usps.com/find-location.htm?location=1434533>

**Bedford Parks & Recreational Department:** Offers ongoing sports & education programs for children & adults, as well as senior outings and events, Summer Concerts and special seasonal events.  
• 24 North Amherst Rd • 472-4573 • [www.bedfordnh.org/658/Parks-Recreation](http://www.bedfordnh.org/658/Parks-Recreation)

**Pennichuck Water:** 25 Walnut St, Nashua • 882-5191 • [www.pennichuck.com](http://www.pennichuck.com)

**Manchester Water works:** 281 Lincoln St, Manchester • 624-6494  
• [www.manchesternh.gov/Departments/Water-Works](http://www.manchesternh.gov/Departments/Water-Works)

### **Bedford Media/News**

The place to go for all the latest on what is going on around town.

- **Bedford PATCH:** On-line local news • [patch.com/new-hampshire/bedford-nh](http://patch.com/new-hampshire/bedford-nh)
- **Bedford PATCH:** Real Estate news • [patch.com/new-hampshire/bedford-nh/local-real-estate](http://patch.com/new-hampshire/bedford-nh/local-real-estate)
- **Bedford Community TV:** Public, government & school programing • [www.bedfordtv.com](http://www.bedfordtv.com)
- **Bedford, NH Community Facebook Group:** Conversation group for Bedford residents  
• [www.facebook.com/groups/bedfordnhcommunity](http://www.facebook.com/groups/bedfordnhcommunity)
- **Bedford, NH Business Network Facebook Group:** Local businesses and service providers  
• [www.facebook.com/groups/1027809253930184](http://www.facebook.com/groups/1027809253930184)
- **MOB (Moms of Bedford , NH) Facebook Group:** Great place to meet other moms, ask questions, and post about community based events. • [www.facebook.com/groups/475458745966269](http://www.facebook.com/groups/475458745966269)
- **Bedford NH Yard Sale Facebook Group:** Yard sale group • [www.facebook.com/groups/Bedfordyardsale](http://www.facebook.com/groups/Bedfordyardsale)
- **Bringing Bedford Yard Sale Facebook Group:** Yard sale group • [www.facebook.com/groups/271641669632983](http://www.facebook.com/groups/271641669632983)
- **Bringing Bedford Free Stuff Facebook Group:** • [www.facebook.com/groups/497361580854417](http://www.facebook.com/groups/497361580854417)
- **Bedford, NH Business Network Facebook Group:** • [www.facebook.com/groups/1027809253930184](http://www.facebook.com/groups/1027809253930184)
- **NextDoor:** Connecting neighbor to neighbor • [www.nextdoor.com](http://www.nextdoor.com)

## **Organizations & Clubs in Bedford**

**Bedford Lions Club:** Contact Elda Cordero-Goodman • (603) 714-5108 • [eldacg@myfairpoint.net](mailto:eldacg@myfairpoint.net)

**Historical Society:** 24 N Amherst Rd • 471-6336 • [bedford-historical-society.business.site](http://bedford-historical-society.business.site)

**Bedford Garden Club:** [contact@bedfordgardenclubnh.org](mailto:contact@bedfordgardenclubnh.org) • [www.bedfordgardenclubnh.org](http://www.bedfordgardenclubnh.org)

**Knitting Groups:** Contact Bedford Public Library • 3 Meetinghouse Rd • 472-2300

**Bedford Women's Club:** [bwcbedfordnh@gmail.com](mailto:bwcbedfordnh@gmail.com) • [www.bedfordwomensclub.org](http://www.bedfordwomensclub.org)

**The Craftworkers Guild:** 5 Meetinghouse Rd • 472-8109 • [www.thecraftworkersguild.org](http://www.thecraftworkersguild.org)

**International Women of Bedford NH:** International women living or working in Bedford are welcome to join their Facebook group.

## **Churches in Bedford**

There are many houses of worship in Bedford. Surrounding towns house other denominations and faiths.

**Bedford Presbyterian Church:** 3 Church Rd • 472-5841 • [bedfordpresbyterian.org](http://bedfordpresbyterian.org)

**Bethany Covenant Church:** 1 Covenant Way • 472-5545 • [www.bethanycovenant.com](http://www.bethanycovenant.com)

**Church of Jesus Christ of Latter-day Saints:** 6 Bedford Farms Dr • 622-0429 • [www.churchofjesuschrist.org](http://www.churchofjesuschrist.org)

**Go!Church:** 37 Back River Rd • (888) 382-8832 • [www.gochurchinfo.com](http://www.gochurchinfo.com)

**Manchester Christian Church - Bedford Campus:** 56 Old Bedford Rd 641-0124 [www.manchesterchristian.com](http://www.manchesterchristian.com)

**New Hope Christian Fellowship:** 445 Route 101 • 345-7203 • [www.newhope-nh.com](http://www.newhope-nh.com)

**St Elizabeth Seton Catholic Church:** 190 Meetinghouse Rd • 669-7444 • [www.stelizabethsetonchurch.org](http://www.stelizabethsetonchurch.org)

**Trinity Life Community/Bedford Foursquare Church:** 12 Station Rd • 662-6306 • [www.tlcnh.org](http://www.tlcnh.org)

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## **Grocery Stores in Bedford**

**Market Basket Bedford:** 539 Donald St, Bedford • 222-1471

**Hannaford Bedford:** 7 Kilton Road, Bedford • 625-54317 & 4 Jenkins Road, Bedford • 472-2627

**Whole Foods:** 121 South River Road, Bedford • 218-1900

**Trader Joe's:** 2 Market St, Bedford • 222-3074

## **Fresh Food Sources in Bedford**

**Farmers Market:** 209 Route 101 - Fresh offerings on Tuesdays 3-6 on the town common in summer and fall.  
(401) 368-1347 • [www.bedfordfarmersmarketnh.org](http://www.bedfordfarmersmarketnh.org)

**Hollbrook Hill Farm:** Belted Galloways • 47 Holbrook Hill Rd • 668-6400  
• [www.theeducationalfarm.org/community-gardens.html](http://www.theeducationalfarm.org/community-gardens.html)

**Community Garden:** Grow Your Own! Joppa Hill Farm • 174 Joppa Hill Rd • 472-4724  
• [www.theeducationalfarm.org/community-gardens.html](http://www.theeducationalfarm.org/community-gardens.html)

**Maple Syrup: 2 Sappy Guys:** 324 Joppa Hill Rd • (401) 368-1347

## **Healthy Living - Yoga**

**Downdog Flow Yoga & Pilates:** 167 S River Rd • 203-8020 • [www.downdogflow.com](http://www.downdogflow.com)

**Full Circle Yoga:** 273 S River Rd • 785-6016 • [www.fullcircleyoganh.com](http://www.fullcircleyoganh.com)

**HotWorx:** 5 Kilton Rd Ste 1 • 272-6104 • [www.hotworx.net](http://www.hotworx.net)

**Pure Barre:** 79 S River Rd • 218-3817 • [www.purebarre.com](http://www.purebarre.com)

**Sol Power Yoga:** 25 S River Rd • 732-6185 • [www.solpoweryoga.com](http://www.solpoweryoga.com)

## **Healthy Living - Fitness**

**Aqueous Brazilian Jiu Jitsu & Fitness:** 30 Harvey Rd • 566-7775 • [www.aqueousbjj.com](http://www.aqueousbjj.com)

**Bedford Fit:** 292 NH-101 #1 • 626-9696 • [www.bedfordmartialartsacademy.com](http://www.bedfordmartialartsacademy.com)

**Choice Fitness:** 410 S River Rd • 836-5090 • [www.mychoicefitness.com](http://www.mychoicefitness.com)

**CrossFit Amoskeag:** 21 Commerce Park N • (978) 219-4647 • [www.crossfitamoskeag.com](http://www.crossfitamoskeag.com)

**Elite Personal Training & Fitness:** 384 NH-101 • 471-0724 • [www.elitefitnessnh.com](http://www.elitefitnessnh.com)

**The Focused Female:** 124 S River Rd • 935-9545 • [www.thefocusedfemalenh.com](http://www.thefocusedfemalenh.com)

**Orangetheory Fitness:** 121 S River Rd #4 • 347-8002 • [www.orangetheory.com](http://www.orangetheory.com)

**Perfect Ten Training:** 10 Commerce Park N STE 7 • 606-2142 • [www.perfecttentraining.com](http://www.perfecttentraining.com)

**Symmetry Pilates Center:** 188 NH-101 • 657-9094 • [www.symmetrypilatescenter.com](http://www.symmetrypilatescenter.com)

## **Medical Facilities In & Near Bedford**

**Elliott Hospital:** 1 Elliott Way, Manchester • 669-5300 • [www.elliotohospital.org](http://www.elliotohospital.org)

**Catholic Medical Center:** 100 McGregor St, Manchester • 668-3545 • [www.catholicmedicalcenter.org](http://www.catholicmedicalcenter.org)

**Dartmouth-Hitchcock:** 100 Hitchcock Way, Manchester • 695-2500 • [www.dartmouth-hitchcock.org](http://www.dartmouth-hitchcock.org)

**Parkland Medical Center:** 1 Parkland Dr, Derry • 432-1500 • [www.parklandmedicalcenter.com](http://www.parklandmedicalcenter.com)

**Southern Regional Medical Center:** 8 Prospect St, Nashua • 577-2000 • [www.snhhealth.org](http://www.snhhealth.org)

**Hackett Hill Rehab Center:** 191 Hackett Hill Rd, Manchester • 668-8161 • [www.geneshcc.com/hacketthill](http://www.geneshcc.com/hacketthill)

## **Senior Housing in Bedford & Area**

**The Arbors of Bedford:** Memory Care Specialists, Respite Care • 70 Hawthorne Drive • 944-4261  
• [www.benchmarkseniorliving.com/senior-living/nh/bedford/the-arbors-of-bedford](http://www.benchmarkseniorliving.com/senior-living/nh/bedford/the-arbors-of-bedford)

**Bedford Falls:** Assisted Living, Memory Care, Respite Care • 5 Corporate Drive • 945-4286  
• [www.benchmarkseniorliving.com/senior-living/nh/bedford/bedford-falls](http://www.benchmarkseniorliving.com/senior-living/nh/bedford/bedford-falls)

**Bedford Hills Center:** Nursing Home, Memory Care • 30 Colby Court • 625-6462 • [www.geneshcc.com/bedfordhills](http://www.geneshcc.com/bedfordhills)

**Bentley Commons at Bedford:** Independent & Assisted Living • 66 Hawthorne Rd • 644-2200  
• [www.bentleyatbedford.com](http://www.bentleyatbedford.com)

**Bowman Place at Olde Bedford:** Assisted Living & Memory Care • 24 Olde Bedford Rd • 714-7003  
• [www.bowmanplace.org](http://www.bowmanplace.org)

**The Courvilles Bedford - Carlyle:** Independent & Assisted Living, Memory Care, Respite,  
• 40 Rt 101 • 472-2000 • [www.thecourvilles.com/bedford-nh-carlyle](http://www.thecourvilles.com/bedford-nh-carlyle)

## **Independent Senior Housing:**

**Briston Manor West:** 55+, Independent Living, Retirement Home • 37 Ridgewood Rd • 622-8844  
• [avisproperties.com/briston-manor-west-2](http://avisproperties.com/briston-manor-west-2)

**Maple Ridge Estates at Bedford:** 62+, Small Pets Allowed 43 Technology Drive • 232-2463  
• [www.calamar.com/bedford-senior-housing](http://www.calamar.com/bedford-senior-housing)

**Pine Village Estates:** 45 Ridgewood Rd • 625-5422 • [stewartproperty.net/property-item/pine-village-estates](http://stewartproperty.net/property-item/pine-village-estates)



## **Schools Servicing Bedford**

Bedford is known for its superior public schools, consistently ranking in the top 5 in the state. All grades, from K-12, are provided for within town. There are a number of private schools in town as well. Higher education is close by with the University of New Hampshire at Manchester, Southern New Hampshire University, Saint Anselm College, Massachusetts College of Pharmacy NH, and Manchester Community Technical College in the area.

**SAU 25:** 103 County Road • 472-3755 • [www.sau25.net](http://www.sau25.net)

**Memorial Elementary School:** Grades Pre K - 4. Bedford's integrated pre-school (BEEP) providing early services  
• 55 Old Bedford Rd • 627-1776 • [www.sau25.net/memorial.cfm](http://www.sau25.net/memorial.cfm)

**Peter Woodbury School:** Grades K - 4 • 180 County Road • 622-0431 • [www.sau25.net/peterwoodbury.cfm](http://www.sau25.net/peterwoodbury.cfm)

**Riddle Brook School:** Grades K - 4 • 230 New Boston Road • 471-1082 • [www.sau25.net/RiddleBrook.cfm](http://www.sau25.net/RiddleBrook.cfm)

**McKelvie Intermediate School:** Grades 5 & 6 • 108 Liberty Hill Road • 472-3951 • [www.sau25.net/Mckelvie.cfm](http://www.sau25.net/Mckelvie.cfm)

**Ross A. Lurgio Middle School:** Grades 7 & 8 • 47A Nashua Road • 310-9100 • [www.sau25.net/RossLurgio.cfm](http://www.sau25.net/RossLurgio.cfm)

**Bedford High School:** Grades 9 - 12 • 47B Nashua Road • 310-9000 • [www.sau25.net/BedfordHigh.cfm](http://www.sau25.net/BedfordHigh.cfm)  
• International Baccalaureate Program at BHS: [sites.google.com/a/bedfordnhk12.net/ib/](https://sites.google.com/a/bedfordnhk12.net/ib/)

**Manchester School of Technology:** VoTech Grades 10-12 • 100 General Connors Cr, Manchester • 628-6146  
• [mst.mansd.org](http://mst.mansd.org)

## **Private Pre-schools & Day Care Centers:**

**Bedford Montessori School:** Pre-school - K • 24 Tirrell Hill Rd • 627-9545 • [www.bedfordmontessori.com](http://www.bedfordmontessori.com)

**Bedford Mothers' Club School:** Pre-School • 4 Church Rd • 472-3621

**Bedford Village Morning School:** 3 - K • 19 Ministerial Rd • 472-5531 • [www.bedfordvillagemorningschool.com](http://www.bedfordvillagemorningschool.com)

**Bright Horizons at Bedford:** Day Care, Pre-school, After School Care • 54 Constitution Dr • 472-5451  
• [child-care-preschool.brighthorizons.com/nh/bedford/bedford](http://child-care-preschool.brighthorizons.com/nh/bedford/bedford)

**Creative Kids:** 2 - K • 155 NH-101 • 472-3894 • [www.creativekidsnh.org](http://www.creativekidsnh.org)

**Kindercare:** Infant - K • 3 Upjohn St • 621-7485 • [www.kindercare.com/our-centers/bedford/nh](http://www.kindercare.com/our-centers/bedford/nh)

**Lambs Workshop:** 3 - K • 1 Covenant Way • 472-2113 • [www.lambsworkshop.com](http://www.lambsworkshop.com)

**Learning Adventures:** 1 - 12 YO • 51 Old Bedford Rd • 669-2811 • [www.learningadventuresnh.com](http://www.learningadventuresnh.com)

**Montessori of Bedford:** 3 - K • 24 Tirrell Hill • 627-9545 • [www.bedfordmontessori.com](http://www.bedfordmontessori.com)

**New Morning School:** Pre - K • 23 Back River Rd • 669-3591 • [www.newmorningschools.com](http://www.newmorningschools.com)

**Primrose School at Bedford Hills:** Infant - Pre K • 3 Cooper Ln • 472-3800  
• [primroseschools.com/schools/bedford-hills/](http://primroseschools.com/schools/bedford-hills/)

**Rainbowland:** Infant - K • 3 Rundlett Hill Rd • 622-6766 • [www.rainbowlandcdc.net](http://www.rainbowlandcdc.net)

## **Tutoring Services:**

**Sylvan Learning of Bedford:** 72 S River Rd, Suite 204 • 836-4449 • [locations.sylvanlearning.com/us/bedford-nh?utm\\_source=google&utm\\_medium=local&utm\\_campaign=localmaps&utm\\_content=4004](https://locations.sylvanlearning.com/us/bedford-nh?utm_source=google&utm_medium=local&utm_campaign=localmaps&utm_content=4004)

**Granite State Tutors Bedford:** Tutoring for Grades 3 - 12 & Bentley College students • [www.granitestatetutors.com](http://www.granitestatetutors.com)

**Kumon Math & Reading Center of Bedford:** 128 S River Rd, Bldg C • 897-6194 • [www.kumon.com/BEDFORD-NH](http://www.kumon.com/BEDFORD-NH)

**Bedford Learning and Tutoring Center:** 33 S River Rd • 821-1628

**North Star Education Services:** 288 NH-101 #101 • 488-1264 • [www.northstared.org](http://www.northstared.org)

**Read2Me3:** Linda Martin • 177 County Rd • 494-3849 • [www.read2me3.com](http://www.read2me3.com)

**Straight "A" Academy:** K-12 • 10 Chestnut Dr • 488-1528 • [www.straightacademy.com](http://www.straightacademy.com)

**Blanchard Math Tutoring:** On-line for middle schoolers • [blanchardmathtutoring.business.site](http://blanchardmathtutoring.business.site)

**Aloha Mind Math:** 39 S River Rd • 921-6028 • [alohamindmath.com](http://alohamindmath.com)

**603 Math Tutoring:** 603MathTutoring@gmail.com • [sites.google.com/view/603mathtutoring](https://sites.google.com/view/603mathtutoring)

## **Homeschooling:**

**New Hampshire Home Schooling Coalition:** Resources for home schooling in New Hampshire [www.nhhomeschooling.org](http://www.nhhomeschooling.org)

**VLACS (Virtual Learning Academy Charter School):** Free on-line virtual middle & high school • [vlacs.org](http://vlacs.org)

## **Other Area Private Schools:**

**Academy of Science and Design:** Charter Public School Grade 6 - 12 • 486 Amherst St #1, Nashua  
• 595-4705 • [www.asdnh.org](http://www.asdnh.org)

**The Derryfield School:** Grades 6 - 12 • 2108 River Rd, Manchester • 669-4524 • [www.derryfield.org](http://www.derryfield.org)

**St Joseph Jr High:** Grades 7 - 8 • 148 Belmont St, Manchester • 624-4811 • [www.stjoesjrhs.org](http://www.stjoesjrhs.org)

**Bishop Brady HS:** Grades 9 - 12 • 25 Columbus Ave, Concord • 224-7418 • [www.bishopbrady.edu](http://www.bishopbrady.edu)

**Shaker Road School:** Infant - Grades 9 • 131 Shaker Road, Concord • 224-0161 • [www.shakerroadschool.org](http://www.shakerroadschool.org)

## **Music & Art Lessons:**

**Bedford Youth Performing Company:** Offers Dance, Music (voice & instruments), and Theater lessons for kids and adults  
• 155 NH Route 101 • 472-3894 • [www.bypc.org](http://www.bypc.org)

**Southern NH Dance Theater:** Offers Dance lessons for kids and adults • 19 Harvey Rd • 263-3803 • [www.snhdt.org](http://www.snhdt.org)

**North Main Music:** Music Instruction All Ages • 167 South River Rd • 505-4282 • [www.northmainmusic.com](http://www.northmainmusic.com)

**The Refrigerator Door/The Studio in Bedford:** Art lessons and camps for kids age 4 – 12 and studios for adults  
• 7 Chestnut Dr • 781-8944 • [www.refrigeratordoor.org](http://www.refrigeratordoor.org) or [www.thestudiobedford.org](http://www.thestudiobedford.org)

**The Canvas Roadshow:** "Paint & Sip" events & private parties  
• 176 South River Rd • 943-2103 • [www.thecanvasroadshow.com](http://www.thecanvasroadshow.com)

**Bedford Dance Center:** 172 NH-101 • 472-5141 • [www.bedforddancecenter.com](http://www.bedforddancecenter.com)

**Palace Youth Theatre & Palace Teen Company:** • 80 Hanover St, Manchester • 668-5588  
• [www.palacetheatre.org/about-us/palace-youth-theatre/default.aspx](http://www.palacetheatre.org/about-us/palace-youth-theatre/default.aspx)

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## Getting Outdoors

**Bedford Conservation Commission:** See Planning & Zoning Dept for more info

• 472-5243 • [www.https://www.bedfordnh.org/211/Conservation-Commission](https://www.bedfordnh.org/211/Conservation-Commission)

**Piscataquog Land Conservancy (Merged with Bedford Land Trust 2019):** 5A Mill St, New Boston • 487-3331 • [www.plcnh.org](http://www.plcnh.org)

**The Society for Protection of New Hampshire Forests** • 224-9945 • [www.spnhf.org](http://www.spnhf.org)

**Bedford Heritage Trail & Riverfront Recreation Area:** Moore's Crossing Road • Along the Merrimack River - the Heritage Trail, bike trail, water access for fishing and canoeing, and scenic picnic and bird watching areas.

**Benedictine Park:** Wallace Road • Walking/Cross Country Ski Trails • [plcnh.org/benedictine-park-trails/](http://plcnh.org/benedictine-park-trails/)

**Goad's Trail Conservation Property:** Hardy Road • Walking Trail

**Joppa Hill Recreational Facility:** 148 Joppa Hill Road • Hiking, Cross Country Skiing, Snowshoeing  
• [plcnh.org/joppa-hill-trails/](http://plcnh.org/joppa-hill-trails/)

**Muller Park:** N. Amherst Road • Hiking, picnicking and scouting/camping activities

**Pulpit Rock Conservation Area:** New Boston Rd • 200 acres of open space which includes 3 miles of walking trails

**Riley Field:** Corner of Nashua & County Rd • Softball/baseball fields, skating pond and tennis courts.

**Van Loan Preserve Trail:** N Amherst Rd • Hiking, snow shoeing, cross-country skiing & bird watching  
• [plcnh.org/van-loan-preserve-trails/](http://plcnh.org/van-loan-preserve-trails/)

**Water Fowl Park:** Beech St • Walking, hiking and bird watching

### *Nearby...*

**Crotched Mountain:** 1200 acre grounds at the Crotched Mountain Rehab Center & School in Greenfield, NH offer wheelchair accessible hiking trails with panoramic views of Grand Monadnock & the Contoocook River Valley. Check their website for info & trail maps. • 547-3311 • [www.crotchedmountain.org/trails](http://www.crotchedmountain.org/trails)

**Crotched Mountain Ski Area:** 1000 vertical feet. Ski and snowboard instructions. Weekend Night Skiing.  
• 615 Francestown Road, Bennington • 588-3668 • [www.crotchedmtn.com](http://www.crotchedmtn.com)

**McIntyre Ski Area:** Ski area 15 minutes from Bedford! Lessons & Tubing • 50 Chalet Way, Manchester  
• 622-6159 • [www.mcintyreskiarea.com](http://www.mcintyreskiarea.com)

**Pat's Peak Ski Area:** 770 vertical foot ski, snowboard and snow tubing mountain. NH's largest night skiing facility. Ski and Snowboard instructions. • 686 Flanders Road, Henniker • 428-3245 • [www.patspeak.com](http://www.patspeak.com)

## Golf/Sport Clubs

**Manchester Country Club:** 18 hole golf • 180 S River Rd • 624-4096 • [www.manchestercountryclub.com](http://www.manchestercountryclub.com)

**Stonebridge Country Club:** 18 hole golf • 161 Gorham Pond Rd, Goffstown • 497-8633 • [www.golfstonebridgecc.com](http://www.golfstonebridgecc.com)

**Bedford Bluffs:** Member-only tennis & swim club • 57 Nashua Rd • 471-7147 • [www.bedfordbluffs.com](http://www.bedfordbluffs.com)

**NH Sportsplex:** League sports, kids & adults • 68 Technology Dr • 641-1313 • [www.nhsportsplex.com](http://www.nhsportsplex.com)

**Back River Sports Complex:** Sports fields • 15 Camp Allen Road • [www.backriversportscomplex.com](http://www.backriversportscomplex.com)



## Kid's Activities

**The Bedford Recreational Department:** 472-5242 • Ongoing sports & education programs for kids & adults.

- **Bedford Memorial Town Pool Town Playground:** 20 County Road • 472-7331 • Swim programs, playground, sledding hill & field
- **Bedford Village Common Park:** Bell Hill Rd
- **Earl Legacy Park:** 200 New Boston Rd • Softball field, tennis courts, basketball, skatepark, cross country, walking, and mountain biking trails
- **Greenfield Farms:** Greenfield Parkway • 50 acres of recreational land with athletic field Greenfield Parkway
- **Joppa Hill Recreational Facility:** 148 Joppa Hill Road • Hiking, Cross Country Skiing, Snowshoeing, athletic fields for football, lacrosse, and soccer
- **Little League Complex:** 19 Nashua Rd • Softball/Baseball Fields
- **McAfee Field:** Corner of N. Amherst & Joppa Hill Rd • Sports fields

**Bedford Public Library:** Offers story time, crafts, and many programs for toddlers to teens.

- 3 Meetinghouse Rd • 472-2300 • [www.bedfordnhlibrary.org](http://www.bedfordnhlibrary.org)

**YMCA:** Full facility for family swim, sports, after school care and camps.

- 116 Goffstown Back Rd, Goffstown • 497-4663 • [www.graniteymca.org/index.php?page=allard](http://www.graniteymca.org/index.php?page=allard)

**Boy Scouts:** scoutmaster@troop414.com • [www.troop414.org](http://www.troop414.org)

committeechair@bedfordtroop5.com • [www.troopwebhost.org/Troop5Bedford](http://www.troopwebhost.org/Troop5Bedford)

**Cub Scouts:** bedfordpack5@gmail.com • [sites.google.com/site/bedfordpack5/home](http://sites.google.com/site/bedfordpack5/home)

info@bedfordpack114.org • [www.troopwebhostcs.org/Pack114Bedford](http://www.troopwebhostcs.org/Pack114Bedford)

**Girls Scouts:** Find a Girl Scout Troop with girls from Kindergarten to College

- (888) 474-9686 • [www.girlscoutsgwm.org](http://www.girlscoutsgwm.org)

**Bedford Martial Arts Camp:** 292 NH-101 • 626-9696 • [www.bedfordmartialartsacademy.com](http://www.bedfordmartialartsacademy.com)

**NH Sportsplex:** 68 Technology Dr • 641-1313 • [www.nhsportsplex.com](http://www.nhsportsplex.com)

See next page for "Equestrians/Animals"

## Summer Camps:

**Camp Kettleford:** Girl Scout Camp • 26 Camp Allen Rd • (888) 474-9686

- [www.girlscoutsgwm.org/en/camp/our-camps/kettleford.html](http://www.girlscoutsgwm.org/en/camp/our-camps/kettleford.html)

**Camp Foster:** Boys and Girls Club Camp • 36 Camp Allen Rd • 625-5031 • [www.mbgcnh.org/camp-foster](http://www.mbgcnh.org/camp-foster)

**Camp Allen:** Boys and Girls Club Camp • 56 Camp Allen Rd • 622-8471 • [www.campallennh.org](http://www.campallennh.org)

**Bedford Rec Top Secret Science & Math Camp:** 24 N Amherst Rd • 472-5242

- [www.bedfordreconline.com/info/activities/program\\_details.aspx?ProgramID=28848](http://www.bedfordreconline.com/info/activities/program_details.aspx?ProgramID=28848)

**Bedford Martial Arts Camp:** 292 NH-101 • 626-9696 • [www.afterschoolprograms.co](http://www.afterschoolprograms.co)

**Summer Camp at the Farm:** 174 Joppa Hill Farm • 472-4724 • [www.theeducationalfarm.org/camp.html](http://www.theeducationalfarm.org/camp.html)

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[www.NHmoves.com](http://www.NHmoves.com) • [VIS@NHmoves.com](mailto:VIS@NHmoves.com)

## **Kids & Animals**

**4-H:** There are many clubs in the area for kids to learn about animals as well as family sciences, environmental education & communication arts. [www.extension.unh.edu/About-4-H-How-Join](http://www.extension.unh.edu/About-4-H-How-Join)

For a chart on the clubs and areas of interest in Hillsborough County:

- [www.extension.unh.edu/resources/files/Resource002102\\_Rep3107.pdf](http://www.extension.unh.edu/resources/files/Resource002102_Rep3107.pdf)

### **Equine 4-H Clubs:**

- **Hoofbeats** • Jo Gelinas • 365 Worthy Rd, Goffstown • 497-4004 • [www.mountainsidestablesnh.com](http://www.mountainsidestablesnh.com)

**Horse Back Lessons:** Local lessons for beginner to Olympic hopeful.

- **Perry Hill Farm** • 32 Perry Rd • 471-2929
- **Apple Knoll Farm** • Gretchen Anderson • 88 Beard Rd, New Boston • 325-5771 • [www.appleknollnh.com](http://www.appleknollnh.com)
- **CoComeau Equestrian** • Courtney Comeau • 208 Chestnut Hill Rd, New Boston • 548-4467  
• [www.cocomeauequestrian.com](http://www.cocomeauequestrian.com)
- **Cater Stables** • Kristin Cater • 1201 Montalona Rd, Dunbarton • 774-1201 • [www.caterstables.com](http://www.caterstables.com)
- **Mountain Side Stables** • Jo Gelinas • 365 Worthy Rd, Goffstown • 497-4004 • [www.mountainsidestablesnh.com](http://www.mountainsidestablesnh.com)
- **Twin Bridge Stables** • 188 Twin Bridge Rd, Weare • 660-8167 • [www.facebook.com/twinbridgestablesllc](https://www.facebook.com/twinbridgestablesllc)

### **Farm Tours:**

**Joppa Hill Educational Farm:** Farm with programs for kids & adults • 174 Joppa Hill Farm Rd • 472-4724

- [www.theeducationalfarm.org](http://www.theeducationalfarm.org)

**Holbrook Hill Farm:** Tour the farm by appointment • 47 Holbrook Hill Rd • 668-6400 • [www.holbrookhillfarm.com](http://www.holbrookhillfarm.com)

## **Pets**

### **Medical Care:**

**Bedford Animal Hospital:** 33 Old Bedford Rd • 668-0500 • [www.bedfordanimalhosp.com](http://www.bedfordanimalhosp.com)

**Bedford Veterinary Medical Center:** 246 NH-101 • 353-0123 • [www.bedfordvetcenter.com](http://www.bedfordvetcenter.com)

**VCA Daniel Webster Animal Hospital :**3 Hawthorne Dr • 624-4004 • [vcahospitals.com/daniel-webster?utm\\_source=maps&utm\\_medium=organic&utm\\_campaign=VCA\\_Daniel\\_Webster\\_Animal\\_Hospital](http://vcahospitals.com/daniel-webster?utm_source=maps&utm_medium=organic&utm_campaign=VCA_Daniel_Webster_Animal_Hospital)

**Veterinary Emergency Center of Manchester:** 2743 Brown Ave, Manchester • 666-6677 • [www.vecmnh.com](http://www.vecmnh.com)

**Equine - Canine Wellness:** 10 Chestnut Dr, Ste Q • 488-1897 • [www.equine-caninewellness.com](http://www.equine-caninewellness.com)

**Dr. Mark Anderson, DVM:** Large animal care • 88 Beard Rd, New Boston • 487-2900

**Hillsborough County Veterinarian Hospital:** 22 Pine Rd, Amherst • 672-2300 [www.hillsboroughcountyvet.com](http://www.hillsboroughcountyvet.com)

**Amherst Animal Hospital:** 92 NH-101A, Amherst • 889-5442 • [www.amherstah.com](http://www.amherstah.com)

### **Boarding/In-Home Care:**

**Bedford K-9 Resort:** 25 County Rd W • 472-5212

**Pups 'n Pals:** 479-9206 • [www.pupnpals.com](http://www.pupnpals.com)

**American K9 Resort:** 336 NH 101, Amherst • 672-8448 • [www.americank9country.com](http://www.americank9country.com)

### **Grooming:**

**Hollywood Hounds:** 250 Wallace Rd • 472-7387 • [www.hollywoodhoundsnh.com](http://www.hollywoodhoundsnh.com)

**Furry Friends Oasis in NH:** 13 S River Rd • 660-9207 • [www..furryfriendsnh.com](http://www..furryfriendsnh.com)

**Pet Supply Plus:** 87 S River Rd • 625-9237 • [www.petsuppliesplus.com/dog-grooming](http://www.petsuppliesplus.com/dog-grooming)

**High Four LLC:** 39 Grafton Dr • 554-5646 • [highfourcaninecare.com](http://highfourcaninecare.com)

**Bedford Animal Hospital:** 33 Old Bedford Rd • 472-3243  
• [www.bedfordanimalhosp.com/services.html#e60117ca-0cc8-11e2-bece-005056ad4735](http://www.bedfordanimalhosp.com/services.html#e60117ca-0cc8-11e2-bece-005056ad4735)

### **Rescue:**

**Animal Rescue League NH:** 545 NH-101 • 472-3647 • [www.rescueleague.org](http://www.rescueleague.org)

**WAG:** We Are Animal Guardians • P.O. Box 572, Weare • 529-5443 • [www.wearewag.org](http://www.wearewag.org)

**Second Chance Ranch Rescue:** Dog rescue & adoptions • 449 Joe English Rd, New Boston • contact@secondchanceranchrescue.com • [www.secondchanceranchrescue.com](http://www.secondchanceranchrescue.com)

## **Community Calendar - Town Wide Events**

Because of COVID, many traditional gatherings have been cancelled or postponed. Please contact each organization for up-to-date information.

**Town of Bedford Community Calendar:** [www.bedfordnh.org/Calendar.aspx](http://www.bedfordnh.org/Calendar.aspx)

**Patch Community Events Calendar:**

• [patch.com/new-hampshire/bedford-nh/crafts-webinar-biz-opportunity-more-bedford-nh-patch-calendar](http://patch.com/new-hampshire/bedford-nh/crafts-webinar-biz-opportunity-more-bedford-nh-patch-calendar)

**April:** Bidding for Paws • Benefit Animal Rescue League NH • 472-7800 • [one.bidpal.net/rescueleague/welcome](http://one.bidpal.net/rescueleague/welcome)

**May:** Cinco de Miles 5K Road Race • Benefit Bedford High School Athletics Booster Club & The Mental Health Center of Greater Manchester • 488-1186 • [www.millenniumrunning.com/cinco#details](http://www.millenniumrunning.com/cinco#details)

**May:** Memorial Day Weekend Hometown Parade • 472-5242 • [www.bedfordreonline.com](http://www.bedfordreonline.com)

**Summer Concerts in the Park** • Wednesday evenings on the Village Common Park throughout the summer • 472-5242 • [www.bedfordnh.org/196/Parks-Recreation](http://www.bedfordnh.org/196/Parks-Recreation)

**June:** Strawberry Festival •

**September:** Old Town Day •

**October:** Witch Way 5K •

## **NH News Sites**

**WMUR:** [wmur.com](http://wmur.com)

**NHPR (New Hampshire Public Radio):** [nhpr.org](http://nhpr.org)

**Granite Post:** [granitepostnews.com](http://granitepostnews.com)

**Bedford Patch:** [patch.com/new-hampshire/bedford-nh](http://patch.com/new-hampshire/bedford-nh)

# Where to Stay - Manchester, Hooksett & Merrimack

<p><b>Hilton Homewood Suites</b> 1000 Perimeter Rd. Manchester, NH 03103 (603) 668-2200 <u>Additional Info:</u> 7-day &amp; 30-day &amp; 45-day rates available, Full Breakfast 7 days, Dinner Monday - Thursday, pool <b>PETS ALLOWED FOR ADDITIONAL FEE</b></p>	<p><b>Marriott Town Place Suites</b> 686 Huse Rd Manchester, NH 03103 (603) 641-2288 <u>Additional Info:</u> Studio, 1 &amp; 2 BR suites, Continental breakfast 7 days <b>PET FRIENDLY</b></p>
<p><b>Springhill Suites by Marriott</b> 975 Perimeter Rd Manchester, NH 03103 (603) 668-9400 <u>Additional Info:</u> King suites; extended stay <b>PET FRIENDLY</b></p>	<p><b>University Heights Apartments</b> 15 Princeton Drive Hooksett, NH 03106 (888) 357-8180 <a href="http://www.livewelluniversityheights.com">www.livewelluniversityheights.com</a> <u>Additional Info:</u> 1 &amp; 2 BR, 2 BA A/C, storage, fitness center, W&amp;D in apt. Short term rentals available. <b>SOME APTS FOR DOGS; CATS ALLOWED IN ALL</b></p>
<p><b>Gilbert Crossing</b> 3 Gilbert Drive Merrimack, NH 03054 (603) 262-3344 <a href="http://gilbertcrossing.com">gilbertcrossing.com</a> <u>Additional Info:</u> 1 &amp; 2 BR apartments, club house, pool <b>NO PETS</b></p>	<p><b>The Residences at Sundial</b> 3 Sundial Ave Manchester, NH 03103 (603) 782-4501 <a href="http://www.residencesatsundial.com">www.residencesatsundial.com</a> <u>Additional Info:</u> 1 &amp; 2 BR, 2 BA A/C, storage, fitness center, W&amp;D in apt., Short term lease available. <b>2 PET LIMIT, DOGS UP TO 60 POUNDS, FEE FOR PETS</b></p>
<p><b>The Lofts at Mill West</b> 195 McGregor St Manchester, NH 03102 (603) 782-3192 <a href="http://www.loftsatmillwest.com">www.loftsatmillwest.com</a> <u>Additional Info:</u> 1-4 BR, 2 BA A/C, storage, fitness center, W&amp;D in apt., Short term lease available. <b>2 PET LIMIT, DOGS UP TO 50 POUNDS, FEE FOR PETS</b></p>	<p><b>The Residences at Daniel Webster</b> 246 Daniel Webster Highway Merrimack, NH 03054 (857) 971-8285 <a href="http://www.residencesatdanielwebster.com">www.residencesatdanielwebster.com</a> <u>Additional Info:</u> Studio-2 BR, A/C, storage, outdoor pool, club house / fitness center, short &amp; long term lease available.</p>
<p><b>Slate at Merrimack</b> 3 Lexington Court Merrimack, NH 03054 (603) 821-4982 <a href="http://slateatmerrimack.com">slateatmerrimack.com</a> <u>Additional Info:</u> Luxury Units, 1-2 BR, storage, pool, W&amp;D in apt., fitness center, EV Charging. <b>2 PET LIMIT, FEE FOR PETS</b></p>	<p><b>Resources:</b> <a href="http://www.apartmentguide.com">www.apartmentguide.com</a> <a href="http://www.apartments.com">www.apartments.com</a> <a href="http://www.zillow.com/nh/rentals">www.zillow.com/nh/rentals</a></p>



## Where to Stay - Bedford

<p><b>The Chandler Apartments</b>  107 South River Road  Bedford, NH 03110  (603) 389-6740    <a href="http://www.chandlerbedford.com">www.chandlerbedford.com</a>  <u>Additional Info:</u> Studio, 1 &amp; 2 BR apartments, WD in unit, fitness center  <b>MAX 2 PETS (ONLY 1 DOG) FOR ADDITIONAL FEE</b></p>	<p><b>Hampton Inn &amp; Suites Manchester-Bedford</b>  8 Hawthorne Drive  Bedford, NH 03110  (603) 623-2040  <u>Additional Info:</u> Queen &amp; King suites, pool, fitness center, breakfast included  <b>SERVICE ANIMALS ONLY</b></p>
<p><b>Bedford Green Apartments</b>  37 Hawthorne Drive  Bedford, NH  (603) 782-5090    <a href="http://www.bedfordgreennh.com">www.bedfordgreennh.com</a>  <u>Additional Info:</u> 2-BR apartments, fitness center  <b>CATS &amp; DOGS - MAX 2 PETS</b></p>	<p><b>Kensington Apartments</b>  49 Technology Drive  Bedford, NH 03110  (603) 622-4270  <u>Additional Info:</u> 1 &amp; 2 BR, 6 to 12 month lease, some units with garage  <b>CATS ALLOWED WITH DEPOSIT</b></p>
<p><b>Hampshire Green</b>  15 Iron Horse Drive  Bedford, NH 03110  (866) 258-7525    <a href="http://www.hampshiregreenapartments.com">www.hampshiregreenapartments.com</a>  <u>Additional Info:</u> 1 &amp; 2 BR, 2 BA, A/C, pool, W&amp;D in apt, storage unit, 6 &amp; 12 month lease. Penalty if break lease.  <b>DOGS TO 35 LBS ALLOWED</b></p>	<p><b>Heritage on the Merrimack</b>  38 Hawthorne Drive  Bedford, NH 03110  (603) 669-2340    <a href="http://www.heritagemerrimackapartments.com">www.heritagemerrimackapartments.com</a>  <u>Additional Info:</u> 1 &amp; 2 BR, A/C, pool, fitness center, W&amp;D in apt  <b>2 PETS ALLOWED</b></p>
<p><b>The Grand at the Bedford Village Inn</b>  2 Olde Bedford Way  Bedford, NH 031110  (603) 472-2001    <a href="http://www.bedfordvillageinn.com">www.bedfordvillageinn.com</a>  <u>Additional Info:</u> Upscale hotel services, spa, pool</p>	